

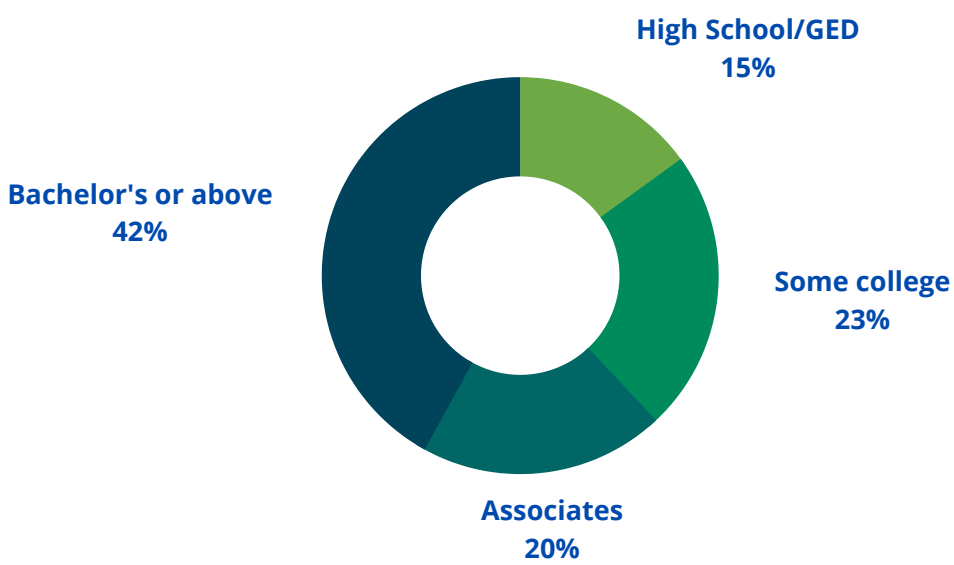
FAMILY CHILD CARE PROJECT

Our project aimed to learn about the experiences of family child care (FCC) providers and the families of children enrolled in these programs.

We interviewed 120 FCC providers from Washington DC and Maryland.

WHO WERE THE PROVIDERS?

Education Level

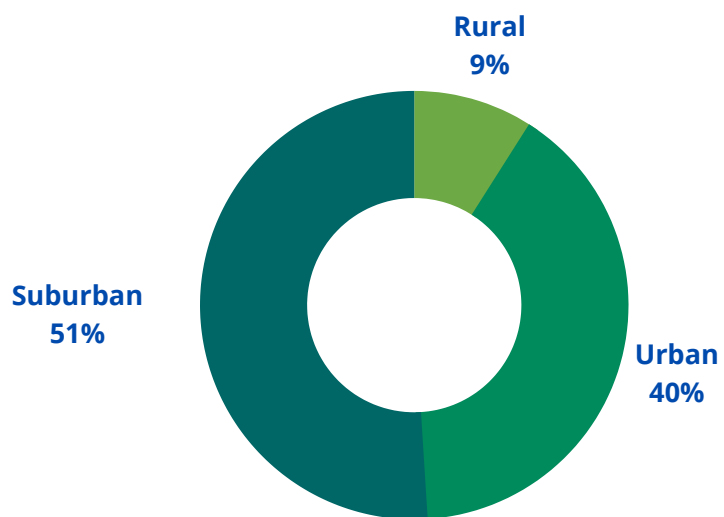


Age and experience

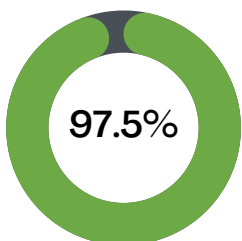
- The average age of providers was 51 years old.
- On average, they were working in family child care for 16 years.

Location

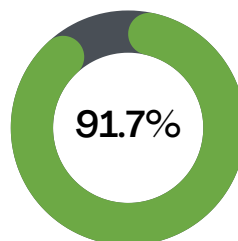
The majority of family child care homes were located in urban and suburban areas.



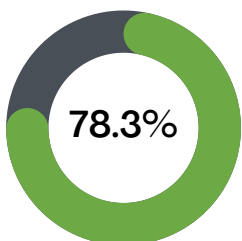
Professional Development and Support



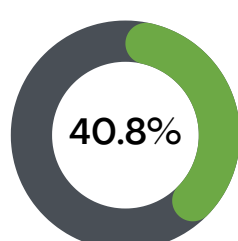
Were members of professional associations



Attended a series of workshops in past year



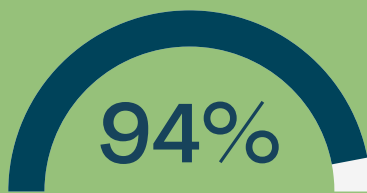
Had access to family support resource/mental health consultant/guidance counselor



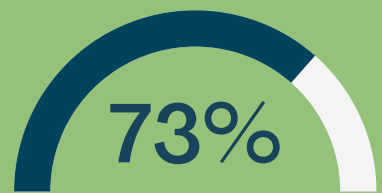
Took a course at a college or university in past year



Used a curriculum or prepared set of learning and play activities



Knew of places to meet other providers

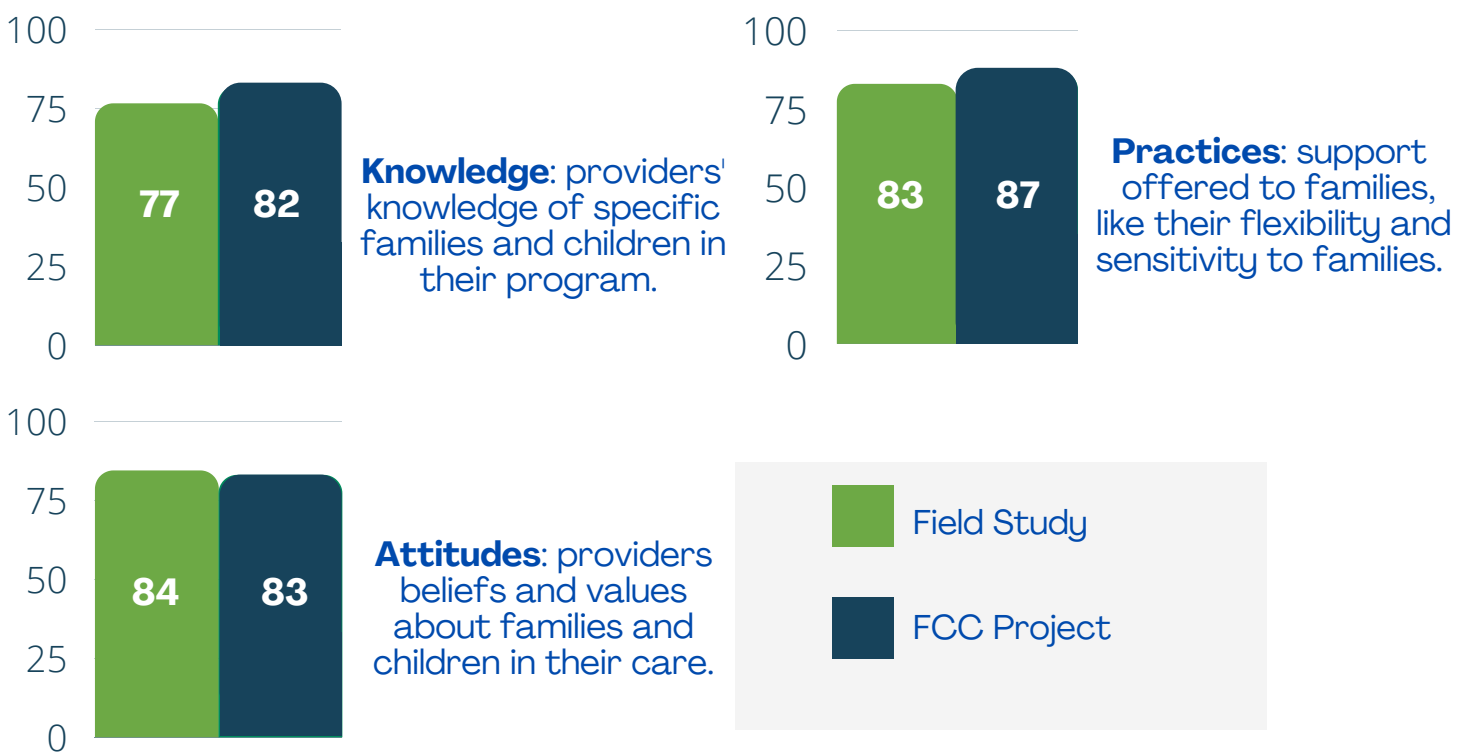


Had formal or informal relationships with schools or programs

Providers' Professional Quality of Life

- **High levels of compassion satisfaction**
 - Providers derived a good deal of professional satisfaction from their jobs.
- **Low levels of burnout**
 - Providers reflected positive feelings about their ability to be effective in their work.
- **Low levels of secondary traumatic stress**
 - Providers expressed low levels of secondary exposure to extremely traumatic stressful events.

Family and Provider Relationship Quality



Providers from our study appeared to have more knowledge about their families and use more supportive practices compared to FCC providers in the field study conducted to create this measure. Providers' attitudes with the families in the our project seem to be comparable to those of the field study.

Caregiving Practices

In a typical day, providers spend their time performing the following activities



On average, 83% of providers spent at least 1 hour or more in physical activities.



About 78% of providers spent more than 1 hour doing learning activities with the whole group.



64% of the providers spent 30 minutes or less in 1:1 learning activities.



40% of providers spent 3 hours or more performing activities selected by the child.

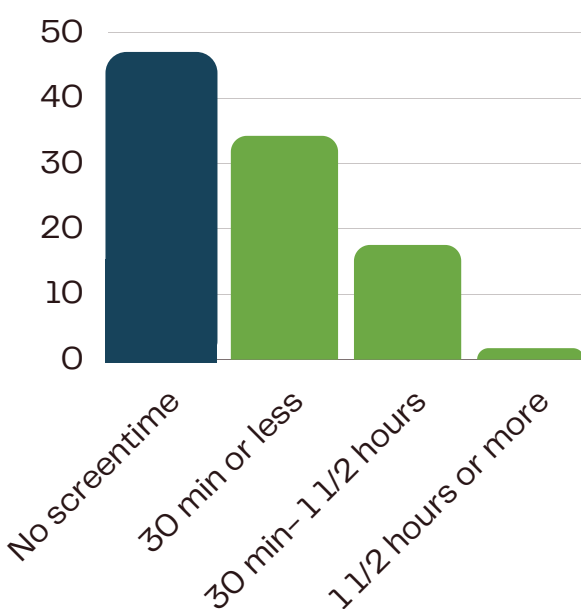


64% of providers spent 30 minutes or less reading books.

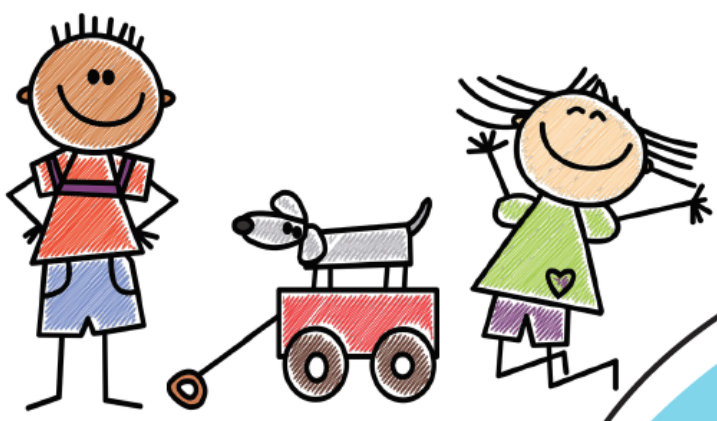


79% of providers spent 30 minutes or less singing or rhyming.

Screen Time



About 47% of providers do not use screens with the children in their program.



Thank you again for participating in the Family Child Care Project!

We'll keep sharing our results with you.

If you have any questions, call or text us at 443-461-4323 or email us at familychildcarestudy@gmail.com